



# New Schedule Begins April 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:30-6:30am	Boot Camp Angela	Boot Camp Angela	Boot Camp Angela	Boot Camp Angela	Boot Camp Amy		
8am-9am	Boot Camp Angela	Boot Camp Angela	Boot Camp Angela	Boot Camp Angela	Hatha Yoga Christine	Boxing Nedra	
9am-10am	Boot Camp Angela	Boot Camp Angela	Boot Camp Angela	Boot Camp Angela	Boot Camp Amy	Boot Camp Amy	
11am-12pm	Boot Camp Angela	Boot Camp Angela	Boot Camp Angela	Boot Camp Angela			
4pm-5pm	Boot Camp Nedra	Boot Camp Nedra	Boot Camp Nedra	Boot Camp Nedra	Coming Soon Mid-April Strong by Zumba		
5pm-6pm	Boot Camp Nedra	Boot Camp Nedra	Boot Camp Nedra	Boot Camp Nedra	Boot Camp Amy		
6pm-7pm	Boot Camp Nedra	Boot Camp Nedra	Boot Camp Nedra	Boot Camp Nedra			
7pm-8pm	Hatha Yoga Christine						
<b>Full Member Access to All Classes</b>							

